

## MDS 3.0 RAC-CT<sup>®</sup> Certification Workshop

### DATES

**March 20-22, 2012**

### PROGRAM INFORMATION

- Training is from 8am to 5pm (Registration on Day 1 begins at: 7:30 am)
- Lunch: 12pm to 1pm
- Breaks: 10am to 10:15am and 3pm to 3:15pm
- You have 90 days to pass the final exams; upon successful completion, students will receive their RAC-CT<sup>®</sup> certificate in the mail

### TARGET AUDIENCE

Registered Nurses, Licensed Practical Nurses, Nurse Assessment Coordinators, Physical Therapists, Occupational Therapists, Speech Therapists, Social Workers, Health Information Professionals, Dietitians, Administrators, and all members of the Interdisciplinary Teams involved in assessment and care planning.

### SPEAKER

Rebecca LaBarge, RN, RAC-CT, began her nursing career in the acute care setting moving into Nursing Informatics and finally to the long term care profession. She has held various positions in long term care nursing management including Supervisor, MDS Coordinator, Regional and Corporate MDS Specialist and currently serves as Vice President of Clinical Reimbursement. She is a Master Trainer for AANAC educating long term care professionals at the facility, corporate, state and national levels on all aspects of the RAI process including MDS, RAPS, Care Planning, PPS and Case Mix Management.



### PROGRAM OBJECTIVES

#### (Day 1) MDS 3.0 Coding for OBRA and PPS / Accurately Assessing Functional Status and the MDS 3.0

- Describe the relationship between the purpose of the MDS and the types of questions that appear on the MDS.
- State the intent of each MDS item.
- Accurately code each item of the MDS.
- Discuss the effects of inaccurate MDS coding.

#### (Day 2) OBRA Timing and Scheduling for MDS 3.0

- Discuss requirements for scheduling and timing of OBRA-required MDS assessments.
- Identify appropriate use of the discharge assessments and entry records.
- State the criteria for completing the Significant Change in Status Assessment.
- Discuss correct use of the Significant Correction assessments.
- Identify criteria and timing issues related to Section X, the Correction Request.

#### (Day 2) PPS Timing and Scheduling and the MDS 3.0

- Describe the process for setting the ARD for a SNF PPS assessment.
- Identify the impact of unscheduled PPS assessments on payment.
- State the regulatory time frames for completing PPS MDS assessments.
- Describe the process for combining OBRA-required and PPS-required assessments.

#### (Day 2) Resource Utilization Groups (RUGs) IV and the MDS 3.0

- Understand the development of the RUG-IV 66 Group classification system used in the Medicare Prospective Payment System (PPS).
- Calculate the RUG-IV 66 Group classification from the MDS 3.0 item set.
- Incorporate the RUG-IV 66 Group classification component into the case mix reimbursement calculation.
- Value the importance of accurate completion of the MDS in a RUG-based case mix reimbursement system.

#### (Day 2) Care Area Assessments (CAAs) and the MDS 3.0

- Describe the role and concept of the CAA.
- List 3 sources of evidence-based tools for conducting the CAA assessments.
- State the components of CAA documentation.

#### (Day 3) Introduction to Medicare Part A

- Identify the criteria necessary for the beneficiary to qualify for skilled nursing facility (SNF) benefits.
- Discuss the facility's responsibilities when a resident is denied Part A coverage and the resident's right to a demand bill.
- Explain how to make the decision about whether or not to cover a resident on Part A.
- Describe the role of the Health Insurance Prospective Payment System (HIPPS) codes.
- Describe the documentation that the SNF must complete to be in compliance as a Medicare provider
- Describe the medical review process

#### (Day 3) Care Planning and the MDS 3.0

- Describe the relationship between the RAI process, the care plan, and quality resident care.
- List 3 broad areas to be considered for care planning in addition to the RAI assessment information.
- List the components of an effective care plan.
- Discuss the role of critical thinking in the care planning process.
- Identify the members of the Interdisciplinary Team and discuss their role in the care planning process.
- List 4 occasions that trigger the need to reevaluate the care plan.
- Define "interim care plan".

#### (Day 3) Accurately Assessing Pain for the MDS 3.0

- Describe the scope of the pain problem in long term care facilities.
- Differentiate between acute and chronic pain.
- Describe the physiology of pain transmission.
- Identify barriers to optimal pain management.
- List five key components for effective pain assessment.

#### (Day 3) Five-Star Rating System

- Explain the role of health inspections in the Five-Star Quality Rating System.
- Identify the effect that Quality Measures have on the number of stars a facility earns.
- Discuss the details of the staffing calculation and its effect on the facility's rating.

## AANAC RAC-CT® PROGRAM

### How the Certification Program Works: (three days)

To be eligible to become RAC-CT® Certified (Resident Assessment Coordinator - Certified®) an individual must:

1. Be a clinician/professional involved in the RAI process.
2. Complete 10 AANAC courses, seven of which are required as the core curriculum:
  - MDS Coding for OBRA and PPS
  - RUG-IV
  - OBRA Timing and Scheduling
  - CAAs
  - PPS Timing and Scheduling
  - Introduction to Medicare Part A
  - Care Planning

The three electives for this workshop are:

- Accurately Assessing Functional Status
- Five-Star Quality Rating System
- Accurately Assessing Pain and the MDS 3.0

\* Certifications are good for two years once all required courses are completed and passed.

## CONTINUING EDUCATION

The American Association of Nurse Assessment Coordination is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

AANAC will Charge a \$20 administrative fee for all duplicate CE certificate requests beginning January 1, 2011. Make sure you sign-in each day, get your CE certificate at the end of the workshop and keep it for your records.



## REGISTRATION/CANCELLATION

- AANAC and/or IHCA are not responsible for any fees incurred due to cancellations or postponements.
- Refunds will be honored if requested FIVE business days in advance of the presentation. No refunds will be honored after that date, however, substitutions are accepted.
- Registrations will not be guaranteed without payment.
- Phone registrations will not be accepted. Registrations may be faxed (with credit card payment) to 217.528.0452.
- **Special meals, including Kosher, can be arranged if requested in advance.** Please contact IHCA at 217.528.6455 for more information.

## HOTEL INFORMATION

A block of rooms has been reserved at the Northfield Inn, Suites and Conference Center in Springfield for the nights of March 19, 20, and 21. When making your reservations, mention the Illinois Health Care Association to qualify for the \$79 rate (tax not included). In order to receive this special rate, reservations must be made by March 5, 2012.

Northfield Inn, Suites & Conference Center  
3280 Northfield Dr.  
Springfield, IL  
217.523.7900

Directions to the Hotel: Take I-55 to Sangamon Avenue (exit 100-B). At the first stop light turn right onto Dirksen Parkway. Proceed north for approximately 1/2 mile to the next stop light. Turn right onto Northfield Dr. The hotel will be on the right.

## MDS 3.0 RAC-CT® Certification & Recertification

Name: \_\_\_\_\_ License Number: \_\_\_\_\_

AANAC # \_\_\_\_\_ E-mail address: \_\_\_\_\_

Home Address; \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Contact number: \_\_\_\_\_

Facility: \_\_\_\_\_

Work Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**To become an AANAC Member (\$110/ year) and take advantage of the reduced rate, sign up at [www.aanac.org](http://www.aanac.org). You must provide an AANAC member number to receive the discounted rate. You do not have to be an AANAC member to come the program.**

Workshop handouts and tests, continental breakfast and lunch will be provided all days. The AANAC Training Manuals are NOT included in the workshop pricing and are NOT required for these courses.

<b>Pricing:</b>	<b>AANAC Member</b>	<b>Non-Member</b>
<b>3 Day Certification</b>	\$550	\$750

### Payment Information:

Check  Visa  MasterCard  Amex

Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ 3-digit security code on back: \_\_\_\_\_

Name on Card: \_\_\_\_\_

**Mail or Fax to:** **Illinois Health Care Association**  
**1029 S. Fourth Street, Springfield, IL 62703**  
**217.528.0452**

AMOUNT	CK#/ CC	MEMBER STATUS	DATE